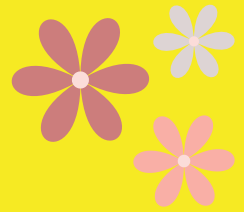




Live Happy 

# NEWSLETTER



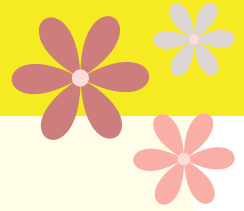
No.15

JANUARY - JUNE '26





# WHO WE ARE!



## **LIVE HAPPY NGO**

 Assagao, Goa, India

We are a grassroots NGO creating sustainable, child-centered solutions for social empowerment.

## **OUR MISSION**

Empower communities through education, environment, and cultural exchange.

## **OUR PROJECTS:**

### **Live Clean**

-  Cleanup drives at public & tourist spots
-  Waste awareness & management workshops
-  Medicinal permaculture garden

### **Live Empower**

-  Affordable learning classes for kids from the community
-  Hygiene & rights awareness programs
-  Heritage walks to preserve Goan culture

### **Two Lives Project**

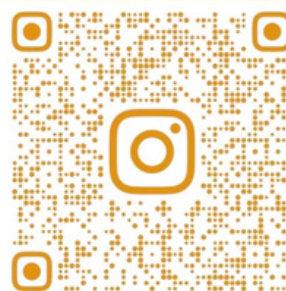
-  Cultural exchange & global volunteering
-  Partner with local + international institutions for social work training

✨ Join us to Live Happy, Live Empowered!!

 livehappyngo@gmail.com |  @livehappyngo



For more information take a  
look at our website and  
Instagram!!

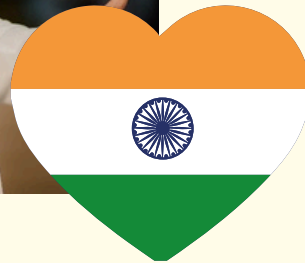
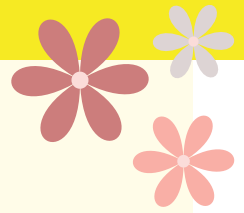


@LIVEHAPPYGOA





## HOPE, HAPPINESS AND HEART: LIVE HAPPY'S MISSION



To the Beautiful Village of Assagao,

For the past 11 years, Live Happy has grown through love, service, and community. At the heart of our journey is a strong feminine force—our teachers, coordinators, volunteers, and co-founders—who nurture our children and guide our mission with grace.

At Happy Home, we focus on supporting less-privileged children, offering them education, care, and a joyful space where they feel safe, valued, and inspired to grow—while learning to protect and respect both nature and society.

To our sponsors and supporters, thank you for walking with us.

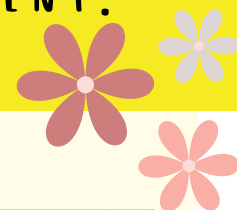
And to the people of Assagao—this is your village, these are your children. Join us.

Let's grow this movement together and lead with love.

With gratitude,  
Felly Gomes  
Founder, Live Happy



## BRIDGING LEARNING AND SOCIAL COMMITMENT: THE "OPEN YOUR EYES" PROJECT



The Service-Learning (ApS) methodology enables the combination of student learning with social commitment.

This approach allows students to learn while performing community service. "Open Your Eyes" is a Service-Learning project focused on raising awareness and preventing gender-based violence, LIVE HAPPY NGO will collaborate with Burgos University (Spain) and the Association for Assistance to Victims of Sexual Assault and Domestic Violence (ADAVAS) in Burgos, Spain.



**BEATRIZ CONTRERAS MILLER**  
**CO-FOUNDER**

Gender-based violence is one of the clearest manifestations of inequality, constituting a severe violation of human rights. Gender-based violence encompasses any act aimed at harming a person because of their gender. It can manifest in various forms (sexual, physical, psychological, domestic, economic...) and its consequences are devastating.

The "Open Your Eyes" ApS project aims to involve undergraduate students from the Faculty of Education in the training activities. Student's in Spain and India will design pedagogical materials and resources to contribute to gender violence awareness. This project builds on previous experience from the course "Television, Audiovisual Media, and Education" (3rd Year, Pedagogy Degree), where audiovisual content was created to address issues related to gender equality and violence prevention.

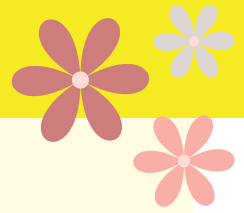
To execute this ApS project, initial gender violence awareness workshops will be conducted by an expert for different groups of participating students from various courses in Spain and India. Following this initial intervention, students will work online with India to design and create technological and/or audiovisual resources. These resources will later be used by LIVE HAPPY in their training workshops for school students in GOA.

Throughout the material and resource creation process, teachers and students will maintain contact with us to know more about this experience. The design of resources will vary depending on the course and the group of students involved. This ApS project will help develop the competencies of the involved degrees and courses in a cross-disciplinary manner.





## TEACHERS



### **What do you like about Live Happy?**

Live happy is the NGO which works for the betterment and bright future of the children. Where children of different age and family come together to learn. This NGO not only works for local children but also children from different places, which i like the most.

### **What do you like about your work?**

I love children, so the idea of teaching small kids makes me really happy. Not only I can teach them but can also participate in different activities, which makes me recollect my childhood memories.

### **Why did you start working at Live Happy?**

I heard a alot about the NGO and being with children makes me happy and satisfied, so when I got to know that the NGO is hiring teachers I applied for it without a doubt .

### **What is a special moment that you'd like to share?**

The most special moment for me is when the children come and say that they understood the method in which i thought them and will then remember it easily.

-Pooja



## VOLUNTEERS



It's been almost ten months since I started volunteering at Live Happy and the time has passed by incredibly quickly. I am very grateful for this experience. Through ups and downs I was able to learn a lot about responsibility, teamwork and patience, which especially the children taught me. Watching them grow, become more confident and thrive through the little moments showed me that even small acts of kindness and support can make a difference.

Even though I am looking forward to going back to Germany I know I'll miss this place and all the memories I've made. Volunteering at Live Happy has been great and helped me grow in so many ways, personally and professionally. I am especially thankful to the children, the staff and the volunteers making this an unforgettable experience.

**-CARLA**



***Danke!***

As my time at Live Happy comes to an end after almost ten unforgettable months, I find it difficult to put into words how grateful I am for this experience. It has been a true honor to be part of the Live Happy family and to spend my volunteer service here.

During these months, I have learned so much, not only about teaching and working with children, but also about myself. The children have brought so much joy into my life, and each one of them has found a special place in my heart.

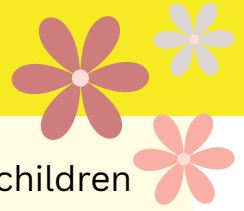
I am deeply thankful to all the teachers, coordinators, and everyone at Live Happy for your kindness, support, and trust. You made me feel at home from the very beginning. Saying goodbye is not easy, but I leave with a heart full of gratitude. Thank you, for this unforgettable journey.

**-LOTTI**





## JANUARY



January at Live Happy NGO was filled with joy, gratitude, and fun. The children enjoyed special moments, outdoor activities, and time together as we began the new year.

A highlight of the month was a donation from Café Devang, who sponsored delicious cakes for our children. Their kindness brought smiles and made the day extra special.

We also said goodbye to our interns, who spent the past month helping with academic programs and daily activities. Their dedication and care made a positive impact on our community, and we wish them all the best.

With the pleasant weather, the children spent time outdoors playing games, learning, and enjoying fresh air. These activities helped them stay active, build friendships, and learn in a fun way.

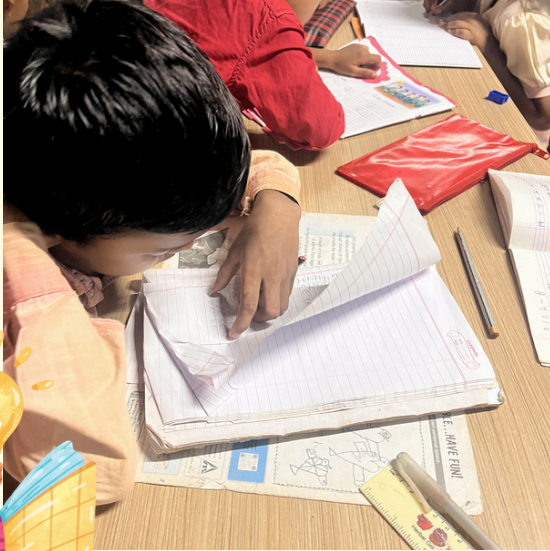
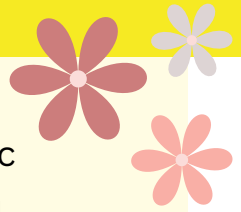
As we move forward, we remain committed to creating a safe and inspiring space for every child to grow. We thank all our volunteers, supporters, donors, and friends for making our work possible.







## ACADEMIC LEARNING CLASSES AT LIVE HAPPY



At Live Happy NGO, our academic learning classes play a key role in supporting the educational journey of our children.

Before every study session, we start with a fun action dance, creating an energetic and positive atmosphere that helps the children stay active, motivated, and ready to learn. This joyful routine has become a favorite part of the day.



The classes are designed to meet the needs of each age group. Tutors work closely with the older students, providing guidance on more challenging subjects, while volunteers help the younger children strengthen their basic skills and school lessons.

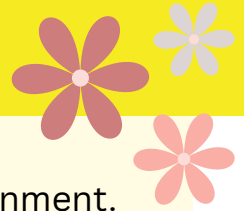
Each tuition session includes explanations, revision, and regular tests to ensure the children understand and retain what they are learning. More than just academics, these classes provide a supportive environment where children build confidence and develop a genuine love for learning. Through dedicated teaching and caring support, our academic learning sessions continue to prepare our children not only for exams but also for a brighter future.







## FEBRUARY



February was a month of learning, teamwork, and caring for our environment. We celebrated Valentine's Day together and spent time reflecting on the importance of kindness and community. The highlight of the month was our Beach Cleanup at Bondir Vaddo Beach in Chapora, where the children, our team, and members of the local community came together to clean and protect our beautiful coastline. It was a wonderful opportunity to make a positive impact while teaching the children the importance of environmental responsibility.

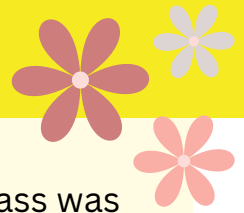
We also explored the value of recycling by transforming old newspapers into handmade paper bags, encouraging creativity while promoting sustainable practices. Alongside these activities, we remained dedicated to learning and made sure to balance our studies with plenty of outdoor sports and games. Overall, February was a meaningful month filled with new experiences, environmental awareness, and joyful moments shared together.







## VALENTINE'S DAY



This Valentine's Day, our tuition class was filled with smiles, creativity, and heartfelt moments as the children took part in a special arts and crafts activity. Using colorful paper and lots of imagination, they created beautiful paper roses and handmade Valentine's cards for someone they love.

The activity encouraged the children to express kindness, gratitude, and appreciation for the important people in their lives. Whether for a parent, sibling, grandparent, friend, or teacher, every rose and card was made with love and care.

The children had so much fun crafting, decorating their cards, and helping one another throughout the activity. At the end of the day, they proudly took their handmade gifts home to surprise their loved ones. It was a wonderful opportunity to combine creativity with the joy of giving and sharing kindness.



*Valentine's Day*







## BEACH CLEAN-UP



In February 2026, Live Happy NGO organized two successful Beach Clean-Up Drives at Bondir Waddo, Ganesh Visarjan Point in Chapora, bringing together our children, volunteers, and members of the local community to protect Goa's beautiful coastline.

Armed with gloves and garbage bags, participants worked together to remove plastic waste and other litter from the beach. The clean-up not only improved the environment but also taught our children the importance of environmental responsibility, teamwork, and caring for shared public spaces.

The second clean-up welcomed around 100 participants, showing the incredible support of our volunteers, local residents, and community partners. After the clean-up, everyone gathered for refreshments, celebrated the day's achievements, and enjoyed spending time together.

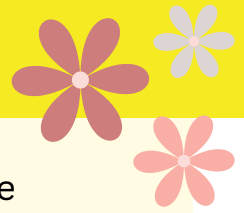
We are sincerely grateful to everyone who joined and supported these initiatives. Together, we are helping to create a cleaner environment while inspiring the next generation to care for nature and their community.







## MARCH



March was a month full of celebrations, learning, and fun activities! We celebrated Holi together and held an important workshop about Good Touch and Bad Touch, helping children learn about personal safety. We also visited the children's school, where we organized an exciting quiz.

Another highlight was our fantastic Frisbee workshop, which everyone enjoyed. Alongside these activities, we celebrated International Women's Day and the birthday of one of our wonderful teachers. Overall, March was a vibrant month filled with meaningful workshops, joyful celebrations, and unforgettable moments.





## HOLI

This March, we celebrated Holi together at Live Happy with a day full of joy, laughter, and colorful memories. The celebration began with a short discussion about the meaning of Holi, where the children learned about the festival's traditions.

To create a lasting memory, every child added their colorful handprint to a large canvas, symbolizing that each of them is a unique and valued part of our Live Happy family. The children were excited to leave their mark and work together on this special keepsake.

Of course, no Holi celebration would be complete without colors! The children enjoyed celebrating together with bright Holi colors,



filling the day with smiles, laughter, and unforgettable moments. We also shared a variety of delicious snacks, giving everyone the chance to relax, enjoy good food, and celebrate as one community.







## GOOD AND BAD TOUCH AWARENESS WORKSHOP



This month, we conducted a Good Touch, Bad Touch awareness workshop to help our children better understand personal safety and body boundaries. The session began with an educational video that explained the difference between safe and unsafe touch in a child-friendly and easy-to-understand way. The children learned that they have the right to say “no,” trust their feelings, and seek help from a trusted adult if someone makes them feel uncomfortable.

After the video, we held an open discussion where the children were encouraged to ask questions and share their thoughts in a safe and supportive environment. Our teachers and volunteers provided additional guidance, answered their questions, and spoke about the importance of speaking up, staying safe, and knowing that they are never alone.

The workshop was an important step in empowering the children with knowledge and confidence. By creating a space where they felt comfortable expressing themselves, we hope to help them recognize unsafe situations, protect themselves, and always know that there are caring adults ready to listen and support them.







## LITTLE MINDS QUIZ CHALLENGE



On 20th March 2026, Live Happy successfully organized the Little Minds Quiz Challenge at Assagao Union High School for students from Grades 1 to 4. With 135 enthusiastic participants, the event aimed to encourage learning, boost confidence, and inspire children through healthy competition.



The quiz featured a variety of age-appropriate questions covering general knowledge, mathematics, environmental studies, and fun learning topics. The students participated with great enthusiasm, showcasing their knowledge, curiosity, and problem-solving skills throughout the competition.



In addition to the quiz, the children also took part in a spontaneous extempore speech activity, giving them the opportunity to build confidence and practice their public speaking skills.

Every participant received a small token of appreciation for taking part, while the winners were recognized with certificates, trophies, special prizes, and free passes to the Live Happy Summer Camp in celebration of their outstanding achievements.

**QUIZ**

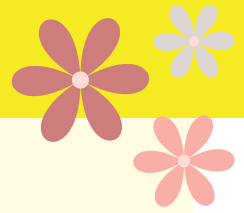


We would like to extend our sincere thanks to the Principal and the teaching staff of Assagao Union High School for their support in making this event a great success. Through initiatives like the Little Minds Quiz Challenge, Live Happy NGO continues to create meaningful learning opportunities that inspire children to grow with confidence, curiosity, and a love for learning.





## FRISBEE WORKSHOP



End of March, our children enjoyed an exciting Frisbee workshop that brought plenty of energy, teamwork, and fun to the sports field. We were joined by two experienced Frisbee players who introduced the children to the sport and taught them the basic techniques, including different types of throws and catching skills.

After practicing together, the children had the opportunity to put their new skills into action during a friendly mini tournament. It was wonderful to see their enthusiasm, teamwork, and determination as they encouraged one another and enjoyed trying something completely new.

For many of the children, this was their first experience with Frisbee, making the workshop both exciting and inspiring. Despite the warm weather, everyone stayed motivated and finished the day with big smiles, new skills, and unforgettable memories. It was a fantastic opportunity to promote an active lifestyle while showing the children the joy of discovering new sports.







## APRIL



April was a joyful month at Live Happy NGO, with Easter celebrations, fun activities, and special moments with our children and supporters.

A highlight was the Little Minds Quiz Challenge at Assagao Union High School, the second challenge for our older students. They showed great knowledge, confidence, and enthusiasm.

We also welcomed volunteers who spent time with our children and brought smiles and energy to the center.

With Goa's temperatures rising, we were especially grateful for the donation of two air coolers for our learning center. This thoughtful gift has made a big difference for the children during the hot summer days.

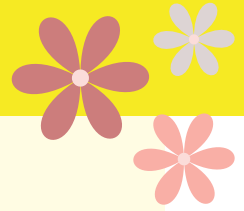
April reminded us how much we can achieve with the support of our volunteers, donors, and community.







## SENIOR CLASSES QUIZ CHALLENGE



On 8th April 2026, Live Happy NGO organized the Little Minds Quiz Challenge for students of Standards VI to VIII at Assagao Union High School. This was the second Quiz Challenge we conducted there, as the first one had been a great success. About 136 students took part in the event, creating an atmosphere of curiosity, teamwork, and healthy competition.

The quiz encouraged learning beyond the classroom and helped build confidence and general knowledge. Students showed impressive knowledge, quick thinking, and enthusiasm throughout the competition.

The prize distribution ceremony was held on 16th April, where Felly Gomes, Founder of Live Happy NGO, congratulated the winners and shared memories from his school days. The top five students received trophies or medals, certificates, and free passes to the Live Happy Summer Camp 2026.

The event ended with candies for all participants and a memento presented to the Principal in appreciation of the school's support.

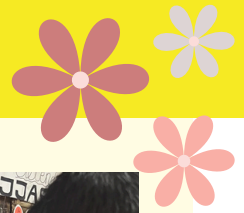


**QUIZ**





## EASTER



This April, our children enjoyed a wonderful week of Easter celebrations filled with creativity, teamwork, and excitement. Throughout the week, they took part in a variety of fun craft activities, learning how to create beautiful Easter decorations.

One of the highlights was making adorable Easter bunnies from recycled toilet paper rolls, teaching the children the importance of reusing everyday materials in a creative way. They also designed colorful Easter baskets and crafted decorative Easter egg ornaments, proudly displaying their artistic talents.

To end the week, the children eagerly grabbed their handmade baskets for a special Easter egg hunt across the Live Happy campus. Hidden chocolates and small surprises brought excitement to every corner as the children searched together with great enthusiasm. At the end of the hunt, all treats were shared fairly so that every child could enjoy the celebration.

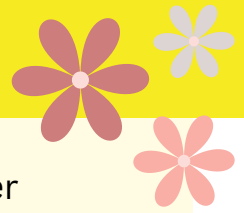
The Easter week was filled with laughter, creativity, and unforgettable memories. It was a joyful celebration that brought everyone together and reminded us of the happiness that comes from sharing, creating, and celebrating as one community.





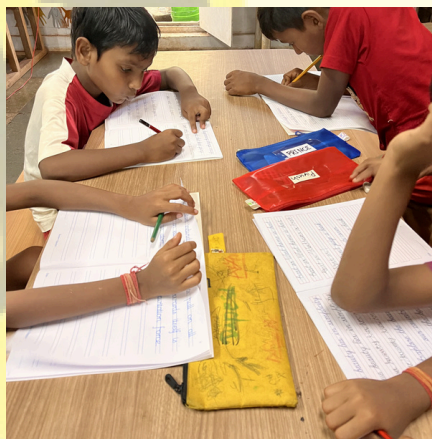


## MAY



May was a fun and memorable month at Live Happy NGO, with Summer Camp 2026 bringing children together for creative and engaging activities.

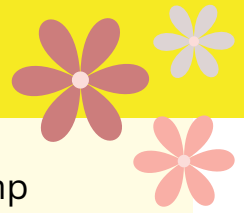
With Goa's rising temperatures, we shifted many activities indoors. The children loved movie afternoons with popcorn, board games, and building block challenges, all of which encouraged creativity and cooperation. Even with the hot weather, the children stayed enthusiastic and full of energy. May reminded us that simple moments often create the best memories. We are grateful for the continued support that helps us provide a safe, joyful space.





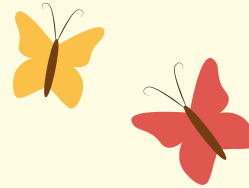


## SUMMER CAMP



From 4th to 9th May 2026, Live Happy NGO organized its Summer Camp 2026, giving children six days of learning, creativity, teamwork, and fun. The camp helped them build confidence, develop new skills, and make lasting friendships in a supportive environment.

**Day 1:** Icebreakers, hygiene awareness, and paper mâché mask-making.



**Day 2:** Painting and decorating the masks.

**Day 3:** Health and acupuncture awareness, plus a cooking session where children made their own wraps.

**Day 4:** Comic-making workshop with psychologists.

**Day 5:** Football workshop and closing ceremony rehearsals.

**Day 6:** Closing ceremony with songs, dances, performances, certificates, and thank-you speeches.



=SUMMER=

Thank you to our volunteers, facilitators, sponsors, parents, and supporters for making this camp possible. Most of all, thank you to our amazing children for their enthusiasm and energy.





## JUNE



June marked the beginning of a new school year for our children at Live Happy NGO. After the summer holidays, our main focus was to help the children settle back into their learning routines and prepare them for a successful academic year. Through our daily study sessions, revision, and individual support, we encouraged the children to regain their confidence and motivation for school.

With the arrival of the monsoon season, the rainy weather meant that many of our activities took place indoors at the Happy Home. We made the most of this time by organizing fun and engaging indoor activities, including creative games and arts and crafts.

June was a wonderful reminder that learning can happen in many different ways. Whether studying together or enjoying a rainy afternoon indoors crafting together.







Discover The Message Within And Share.



## About Us

Live Happy NGO is a non-profit organisation dedicated to **transforming the lives of underprivileged children** by providing them with access to **education, nutrition, and a safe environment**. We believe that **every child**, regardless of their background, **deserves a fair chance** to reach their full potential and break the cycle of poverty.

## DONATE HERE:

LIVE HAPPY



11238049@cbn

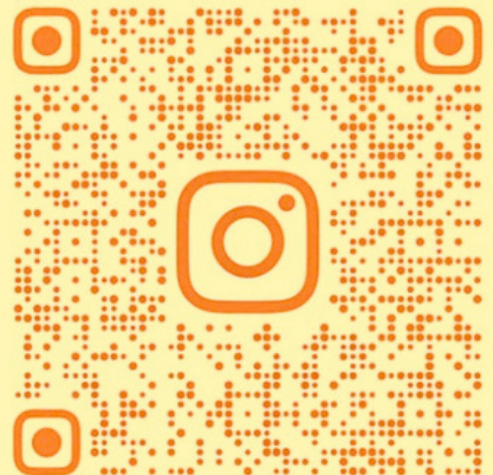
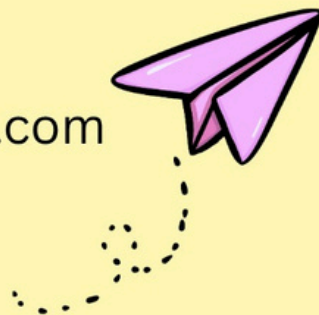
## How You Can Help

You can be a part of our mission in several ways:

- **Donate:** Your contribution can provide education, food, and healthcare for a child in need.
- **Volunteer:** Join us in teaching, mentoring, or organizing community programs.
- **Sponsor a Child:** Support a child's education and well-being.
- **Spread Awareness:** Help us advocate for children's rights and inspire more people to take action.

## Contact us

 [livehappygoa.com](http://livehappygoa.com)  
 [livehappyngo@gmail.com](mailto:livehappyngo@gmail.com)  
 7507576472  
 [livehappy](https://www.facebook.com/livehappy)



@LIVEHAPPYGOA

Together, we can give every child the hope and opportunity they deserve. Join us in making a difference!





# SPONSOR A CHILD

YOUR SPONSORSHIP HELPS LESS PRIVILEGED CHILDREN ACCESS EDUCATION AND CREATE A BRIGHTER FUTURE.

₹6,000 PER YEAR

₹3,000 FOR HALF A TERM

₹500 PER MONTH

PROVIDE ESSENTIAL CLASSES TO BRIDGE THE KONKANI LANGUAGE GAP

DONATE HERE:

LIVE HAPPY



11238049@cbn

ALL DONATIONS ARE TAX-FREE

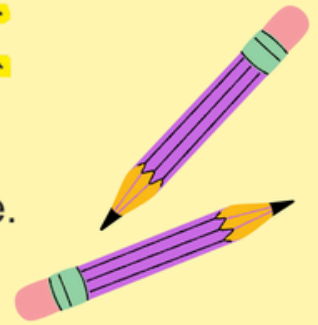
7507576472 / LIVEHAPPYNGO@GMAIL.COM







Discover The Message Within And Share.



## **What you receive as a sponsor**

As a valued sponsor you will receive a personalised report from the child you support.

this report includes:

- An introduction to the child and their background
- Updates on what is happening at Live Happy
- Educational progress and achievement

Through these updates, you can witness the real impact your support is making and build a meaningful connection with the child whose future you are helping to shape.



**Your sponsorship is more than a donation — it's a partnership that changes lives.**



**7507576472 / LIVEHAPPYNGO@GMAIL.COM**



